



PRAJNA
INSTITUTE
OF ALTERNATIVE HEALING



PRAJNA INSTITUTE

Accredited. Transformational. Sacred Learning.

www.prajnainstitute.co.za

WHO WE ARE

At Prajna Institute, we believe that true healing begins within — and that every soul has the power to rise, restore, and transform not just themselves, but the world around them. We are more than just a school; we are a sacred space where ancient wisdom meets modern knowledge, where healing becomes a way of life, and where students are lovingly guided through their own journey of awakening. Our vision is to cultivate a new generation of conscious healers, grounded in deep spiritual wisdom and practical therapeutic skill. Whether you are here to heal yourself, serve others, or create a career aligned with your soul's purpose, Prajna offers you a nurturing and empowering path forward. Every class, every module, and every ritual is designed to reconnect you to your inner knowing, activate your intuitive gifts, and help you walk your highest path with confidence and clarity. This is not just education — it is alchemy. It is a return to wholeness. And it begins the moment you say yes to yourself.



**WHERE SPIRITUAL
WISDOM MEETS
ACADEMIC RIGOR**

OUR MISSION AND VISION

At Prajna Institute, our vision is to awaken the healer within every individual and to create a world where healing, consciousness, and compassion lead the way forward. We envision a future where ancient healing traditions are honored and integrated into modern life, restoring balance not only to individuals, but to communities and the planet itself. Our mission is to provide exceptional, accredited education in the fields of alternative and complementary healing, while simultaneously guiding our students on their own powerful journey of self-healing and spiritual evolution. We are committed to blending sacred wisdom with academic rigor, ensuring that every graduate not only carries knowledge but embodies the living practice of healing. Through experiential learning, hands-on training, and a deep emphasis on personal growth, we empower our students to become confident, ethical, and intuitive healers who serve with integrity, humility, and heart. At Prajna, healing is not something we do — it is who we become. Our mission is to walk alongside you as you unlock your fullest potential, discover your highest purpose, and step boldly into a life of service, wisdom, and transformation.



WHY CHOOSE US



A Journey of Inner Transformation

At Prajna, education is not just about learning techniques — it's about healing yourself from the inside out. Every module is an invitation to return to your most authentic, empowered self.

Internationally Accredited

Our programs are recognized by the International Accreditation Organisation (IAO), giving you professional credibility and the opportunity to work worldwide.

Integrated & Holistic Curriculum

We don't teach healing in fragments. From energy medicine to Ayurveda, African herbology to business studies, our training covers the full spectrum of what it means to be a modern, conscious healer.

Learn by Doing — Not Just Reading

Hands-on practicals, healing clinics, and real case studies mean you graduate with confidence and experience, not just theory.

Spiritual Meets Professional

We honour ancient traditions while preparing you to thrive in the professional world. Our training blends deep spiritual insight with real-world business skills.

Flexible Structure for Modern Living

Classes are held every two months over two weekends — ideal for students with families, full-time work, or other commitments.

Supportive Soul Family

You don't just join a program — you join a community. Lifelong friendships, mentorship, and a safe, sacred space for growth are part of every student's journey.

Trained by Experts

Our faculty includes experienced, heart-led teachers, healers, and practitioners who live the path they teach and guide with wisdom and compassion.

Healing With Purpose

Many students come to Prajna after experiencing trauma, burnout, or spiritual disconnection. Here, they not only heal — they discover their true purpose and learn how to guide others in doing the same.

Ethical & Conscious Business Education

We teach you how to build a healing practice that is aligned, sustainable, and rooted in service, not sales pressure.

Diverse Modalities, One Unified Path

Why limit yourself to one healing technique? At Prajna, you explore a wide range of modalities — including crystals, energy work, TCM, Ayurveda, sound healing, and more — in a single, integrated program.

WHAT WE OFFER

Bachelor's Degree in Alternative & Complementary Healing Energy (2 Years)

This is more than a qualification — it's a deep journey into your soul. Students will learn a wide variety of healing modalities while undergoing their own transformational healing process.

Duration: 2 years

Delivery: In-person, every 2 months over 2 weekends

Practical Training: Includes mandatory case studies and supervised healing clinics

Monthly Fee: R1,800

Admission Fee: R5,000 (once-off, for 1x set of student scrubs, materials for practical training)

Additional Costs: external first aid course end of first year and any optional retreats or activities

Modules Include:

- **Anatomy & Physiology** (foundation of the physical body)
- **Aromatherapy** (therapeutic use of essential oils)
- **Crystal Healing** (working with crystals for energy balance)
- **Tissue Salts & Flower Remedies** (natural cellular and emotional remedies)
- **African Herbology** (indigenous plant medicine and healing practices)
- **Traditional Chinese Medicine (TCM)** (meridian & organ systems)
- **Ayurveda** (doshas, nutrition, and holistic lifestyle)
- **Sound Healing** (tuning forks, mantras, and frequencies)
- **Energy Healing** (chakra work, pranic techniques, intuitive healing)
- **Spiritual Healing & Channeling** (divine connection, soul alignment)
- **Yoga & Meditation** (postures, breathwork, mindfulness)
- **Feng Shui & Vaastu** (space and energy alignment for home and life)
- **Business Studies** (building a practice, ethics, marketing & finance)

ADVANCED STUDY OPTIONS

01 Master's Degree in Alternative Healing (2 Years)

- Year 1: Advanced theory and practical development
- Year 2: Research project on healing interventions for childhood illness or trauma
- Monthly Fee: R3,000 (Year 1), R1,800 (Year 2)
- Includes full mentorship and international accreditation
- Open to students who have completed the Bachelor's degree

02 Doctorate in Alternative Healing (3 - 5 Years)

- A research-intensive journey exploring complex metaphysical or energetic healing topics
- Open to students who have completed the master's degree
- Tailored supervision and contribution to global holistic healing knowledge

**DEEPEN YOUR
MASTERY.**

**EXPAND YOUR
IMPACT.**

**LEAD WITH
WISDOM.**



PHOTO GALLERY



WHAT OUR STUDENTS SAY



When they say “when the student is ready the teacher shows up” the Prajna Institute of Alternative Healing has exactly been that teacher for me, and I am forever in awe and inspired of the how we are taught in the true meaning of Ubuntu in a professional manner, from how each student is selected to ensure harmony in class to the delivery of each module as if you are the only one in class because of the care the faculty has taken to get to know each an everyone of us individually.

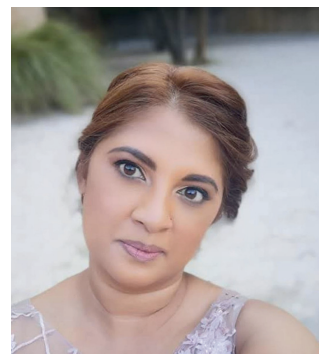
As a healer you first need to be healed, as we learn how to harness our energies we are being healed through each and every step of the way not just in theory and in class but in our interactions as students.

The Prajna Institute of Alternative Healing offers a wholesome curriculum.

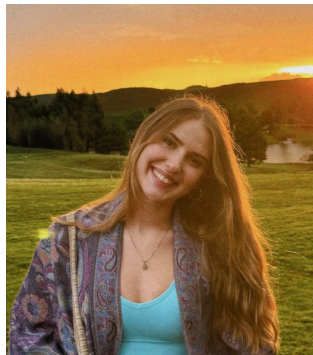
My name is Ishshah Bashe, through The Prajna Institute of Alternative Healing, I am a healing healer. (Class of 2025)

Prajna Institution has touched my life in a way I'll never forget. It's not just about learning - it's about growing from the inside out. the love, care, and wisdom the teachers offer have helped me find clarity, strength, and purpose. I'm so grateful for everything this place has given me, and I truly believe anyone who walks through its doors will be changed for the better.

- Povershree Govender (Class of 2025)



WHAT OUR STUDENTS SAY



Choosing to pursue this degree has been one of the best decisions I have ever made. If you are passionate about holistic healing, I truly cannot recommend it enough. What makes this program so unique is, its ability to take ancient wisdom and make it understandable, practical, and applicable in the modern world. Not only do you study 12 powerful healing modalities in depth, but you also embark on a profound journey of self-discovery. as you learn how to heal yourself. this degree has been truly transformative experience, one that I will always be deeply grateful for. it has allowed me to pursue a career aligned with my heart's passions. this degree is so special, as it is able to weave together so many powerful healing modalities while offering real tools, a deep understanding, and it gives you the confidence to step into your role as a practitioner and as a healer. I am so incredibly thankful for the growth, wisdom and empowerment this journey has given me.

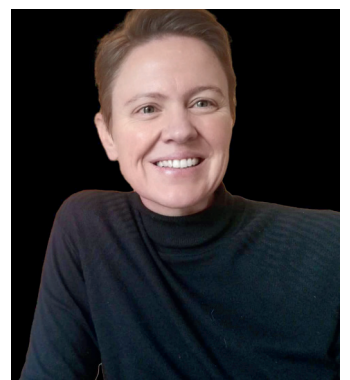
- Jamie-Lee Cullen (class of 2024)

My experience at Pranja Institute has been nothing short of transformative. Over the two-year Alternative Healing degree, I was equipped with a truly holistic framework that deepened my understanding of a wide range of healing modalities. The course opened my mind to the interconnectedness of body, mind, and spirit, allowing me to approach each client with genuine individuality and care.

What truly sets Pranja apart is its warm, family-like atmosphere. The intimate class settings foster deep connections, collaboration, and a strong sense of community. The lecturers are not only masters in their fields but also deeply committed to each student's personal and professional growth. They take the time to understand your unique journey and guide you with dedication and wisdom.

This experience enriched my life on every level.

- Lynette Van Locherenberg (Class 2024)





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